

## Mellor St Mary CE Primary School



### PSHE Curriculum Statement

Through our Christian Faith, we acknowledge our responsibility to all, to enrich lives and show love and respect within our school family.

We believe in lifelong learning, aiming to equip our children to live life today and for tomorrow, rooted in Christian love.

***For nothing is impossible with God (Luke 1:37)***

#### **Mission:**

Our school is the church on the hill; the light that brings Jesus into the lives of all in our community.

***Upon this rock I will build my church (Matthew 16:18)***

#### **Intent:**

Our PSHE Curriculum has been designed to ensure each and every child develops the knowledge, understanding, attitudes, values and skills they need in order to reach their potential as individuals and within the community. We offer a wide range of activities and experiences across and beyond the curriculum, to enable our children to contribute fully to the life of their school and communities. In doing so they learn to recognise their own worth, work well with others and become increasingly responsible for their own learning. They reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up.

They learn to understand and respect our common humanity, diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life and learning. We aim to equip each of our children to live life in all of its fullness.

We are committed to ensuring our children will experience individual and collaborative learning experiences, a positive growth mind set, a sense of responsibility and challenges that take them beyond the classroom in-line with our whole school vision that 'with God nothing is impossible'.

As a small mixed-age school, we respond to the needs of our learners and their interests by ensuring we focus on children's personal improvement and development through the acquisition of new skills and mastering new situations. We offer learning experiences which aim to raise awareness from the local area to national and global arenas. Thus, we

will develop outward looking pupils who are able to engage in their own learning and have an understanding of their place in the wider world.

Ultimately our PSHE curriculum is intended to:

- Develop our head and body : What we learn
- Develop our hearts and character: How we learn
- Develop our actions and attitudes: How we show resilience and a willingness to learn from mistakes
- Develop our moral compass: Know where we fit into the world

Links to these documents:

<http://www.education.gov.uk/aboutdfe/advice/f0076899/preventing-and-tackling-bullying>

Also: <https://www.gov.uk/government/publications/keeping-children-safe-in-education--2> (September 2021)

<http://www.education.gov.uk/aboutdfe/advice/f00215460/equality-act-2010-departmental-advice>

### **Implementation**

Through quality teaching of PSHE across the curriculum, we intend that all children will:

















- Have a sense of purpose
- Value self and others
- Form relationships
- Make and act on informed decisions
- Communicate effectively
- Work with others
- Respond to challenge
- Be an active partner in their own learning
- Be active citizens within the local community
- Explore issues related to living in a democratic society
- Become healthy and fulfilled individuals

Effective learning characteristics include:

- rich collaboration
- encouraging children to reflect on what they have done
- the use of higher order questioning

Teachers are experienced at creating connections between topics which drives effective teaching and learning in PSHE at Mellor St Mary.

Our core Christian curriculum drivers will support and enhance the teaching and learning of PSHE through encouraging our children to take responsibility for their health and well-being, understand their responsibilities to care for others and ensure the well-being of others, make the right decisions concerning their relationships with friends and family as they grow and develop, and understand their place in the world in the broader context of social issues concerning people in this country and abroad.

Curriculum aims	Character Education				Lead Subjects
Develop their head and body <i>What they learn</i>	Love Learning 	Be Joyful 	Be Responsible 	Be Courageous 	English, Maths, RE, PSHE/RHSE, Science, Computing and IT, History, Geography, Foreign Language, Art, Music, Design and Technology, PE
Develop their heart and character <i>Who they are</i>	Be Kind 	Be Compassionate 	Celebrate Diversity 	Be Joyful 	RE, PHSE/RHSE, History, Art, Music, PE
Develop their actions and attitudes <i>How they live and learn</i>	Be Courageous 	Love Learning 	Promote Equality 	Be Responsible 	English, Maths, Science (STEM), Computing, History, Geography, PSHE
Develop their moral compass <i>Where they fit in the world</i>	Be Compassionate 	Be Kind 	Celebrate Diversity 	Promote Equality 	RE, PHSE/RHSE, Geography, Foreign Language,

At our school we implement our PSHE lessons through the Question-Based Model Programme Builder, which is published by the national PSHE Association. This programme builder is structured around an overarching question for each term or half term. These begin in Key Stage 1 as “What?” and “Who?” questions and build throughout Key Stage 2 into “Why?” and “How?” questions. The three core themes from the Programme of Study are fully covered, addressing Health and Wellbeing, Relationships or Living in the Wider World. Teaching builds according to the age and needs of the pupils throughout the primary phase with suggested developmentally appropriate learning objectives given to respond to each key question.

### RSHE Content

Through the PSHE Association Question-Based Programme Builder, children will be introduced to core RSHE lesson content with specific reference to puberty, conception and related issues from Year 4 onwards:

Question	Topic	In this unit of work, pupils will learn about:
Year 4 Spring 2 How will we grow and change?	Health and wellbeing Growing and changing: Puberty PoS refs: H31, H32, H34	puberty and how bodies change during puberty, including menstruation and menstrual wellbeing, erections and wet dreams, emotions and feelings, personal hygiene, how to ask for advice
Year 6 Summer 1 and 2 How do friendships change as we grow?	Relationships Different relationships, changing and growing, adulthood, independence, moving to secondary school PoS refs: H24, H30, H33, H35, H36, R2, R3, R4, R5, R6, R16	people have different kinds of relationships people who are attracted to and love each other can be of any gender, ethnicity or faith, how couples care for one another, how adults can

		<p>choose to be part of a committed relationship, that marriage should be wanted by both people, how puberty relates to growing from childhood to adulthood, about reproductive organs and processes – conception, birth and baby care, contraception, how to manage change, going to secondary school.</p>
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PSHE Education brings together emotional literacy, social skills and spiritual development in a comprehensive scheme of learning. Teaching strategies are varied and are mindful of preferred learning styles and the need for differentiation. The Question-Based model is designed as a whole school approach, which ties in with our overall curriculum which always starts off with an over-arching question for each term’s work across the whole school. EYFS and KS1 children are taught PHSE within their mixed classes (Class 1 – EYFS and younger Y1, Class 2 – Older Y1 and Y2). The PSHE topics from the PSHE Question based programme builder are linked into the over-arching topics being covered in class, particularly with reference to Science, History, Geography and R.E. and Computing. KS2 pupils are taught in discreet year groups to ensure age-appropriate coverage of all aspects, including health education and sex education, as well as helping children deal with such aspects as friendship issues in a way appropriate to their age and emotional development.

Our PSHE is relevant to children living in today’s world as it helps them understand and be equipped to cope with issues like body image, cyber and homophobic bullying, and internet safety.

**Impact**

By the end of each key stage, pupils will know, apply and understand the knowledge, concepts and attitudes promoted through our PSHE curriculum, structured through our Question-based curriculum and resources.

Our children will have a confident set of questioning skills and knowledge supported by Christian values which can be used in education and life more generally. Through this, they will learn more about themselves and seek to understand and respect others and be prepared for each stage of their development as they grow physically, academically and emotionally. Through this we aim to enable our pupils to be ready for their next stage in life itself.