

Sustainable Home Learning and Play

These activities are all about going to a safe outdoors space such as a garden or local park with your children. If this is not possible every activity has a suggestion for how to adapt for the indoors.

Ages 5-9

Week 1
Using the
Outdoors



Maths Scavenger Hunt

Head out/look out and see how many things you can check off the list on this mathematical scavenger hunt.

<https://www.ltl.org.uk/resources/mathematical-scavenger-hunt/>



Number Poem Challenge

Head out/look out for inspiration for a number poem. Each line needs a *number* a *noun* and an *adjective*. Try to make it alliterative – that is every word begins with the same starting letter. For example, “lots of lumpy logs”

<https://www.ltl.org.uk/resources/outdoor-number-poems/>



Build a shelter

Find a space outdoors/indoors where you can design and build a den. Set criteria, for example it needs an entrance, windows, a chimney. If you're lucky enough to be outside is it waterproof?!

<https://www.ltl.org.uk/resources/waterproof-shelter-challenge/>



Whittle a Critter

Find yourself a stick and use a potato peeler to whittle a critter. Use sharpies to add detail to the creation. If you can't get outside make a temporary creation from a carrot or a potato, take a photo before it gets eaten!

<https://www.ltl.org.uk/resources/a-little-whittling/>



Barefoot Safari

Find a space outdoors/indoors to make a short trail of different surfaces to walk over bare footed! If you're indoors consider bubble wrap, iced water, shredded paper a fleecy blanket etc.

<https://www.ltl.org.uk/resources/barefoot-safari/>



For more resources visit www.ltl.org.uk/free-resources

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