

Sustainable Home Learning and Play

These activities are all about going to a safe outdoors space such as a garden or local park with your children. If this is not possible every activity has a suggestion for how to adapt for the indoors.

Early Years

Week 1
Using the
Outdoors



How long is a piece of string?

What can you measure? What shapes can you make? What journey will you take? Pick up simple ideas using a 1m piece of string outdoors or in.

<https://www.ltl.org.uk/resources/things-with-string/>

Story Stick

Find a stick, take a walk and collect interesting to attach to it. Use these to tell the story of your journey. If you can't get out, find objects around your house, attach them to stick or similar and tell your story.

<https://www.ltl.org.uk/resources/story-stick/>

Tipi for Teddy

Can you make a simple shelter for teddy and friends indoors or out?

<https://www.ltl.org.uk/resources/tipi-for-teddy/>

Who's been framed?

Gather some loose materials indoors or out and create a portrait of someone you know. Can anyone guess who it is?!

<https://www.ltl.org.uk/resources/whos-been-framed/>

Puddle Potential

How can you study a puddle? How deep is it? Can you build a bridge to cross it? What floats? What sinks? If you're indoors bring the 'puddle' to you with some water play – add food colouring or washing up liquid and get stuck in!

<https://www.ltl.org.uk/resources/puddle-potential/>

For more resources visit www.ltl.org.uk/free-resources

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